



What kind of Communicator are you?

When you communicate are you an:

• Extrovert or Introvert?	
• Leader or Joiner?	
• Serious or Clown?	
• Cognitive or Emotive?	
• Toucher or no-contact?	

In a meeting or a ward round do you:

	Yes /No
Shout things out?	
Thoughtfully reflect?	
Have to make people laugh?	
Feel compelled to sound the most intelligent?	
Worry about embarrassing yourself?	
Deliberately antagonize?	
Dread interaction?	