



## **Medical Error and 2<sup>nd</sup> Victim - Facilitator Resources**

Medical Error: the second victim. BMJ 2000; 320:726 Editorial by Albert Wu  
Available at URL:

[https://www.researchgate.net/publication/232812805\\_Medical\\_error\\_The\\_second\\_victim](https://www.researchgate.net/publication/232812805_Medical_error_The_second_victim)

Health Workers as Second Victims of Medical Errors. Edrees HH, Paine LA, Feroli ER, Wu AW. Pol Arch Med Wewn 2011;121 (4): 101-108

Too Many Abandon the Second Victims of Medical Error. Matthew Grissinger. Institute for Safe Medication Practices 2014. Vol 39 (9) 591-592  
Available at URL:

<https://www.ismp.org/newsletters/acutecare/articles/20110714.asp>

Helping the helpers: debriefing following an adverse incident. Vaithilingam N, Jain S, Davies D. The Obstetrician & Gynaecologist 2008;10, 251-256

Critical Incident Stress Debriefing from a Traumatic Event. Joseph A Davis.  
Available at URL:

<https://www.psychologytoday.com/blog/crimes-and-misdemeanors/201302/critical-incident-stress-debriefing-traumatic-event>

Creating a no blame culture: have we got the balance right?  
M Walton. Editorial BMJ  
Available at URL:

<http://qualitysafety.bmj.com/content/13/3/163>

Strategies for Learning from Failure. Amy C Edmondson. Harvard Business Review. 2011  
Available at URL:

<https://hbr.org/2011/04/strategies-for-learning-from-failure>

How to Mentor a Perfectionist. Harvard Business Review.  
Available at URL:

[https://hbr.org/2017/02/how-to-mentor-a-perfectionist?utm\\_campaign=hbr&utm\\_source=twitter&utm\\_medium=social](https://hbr.org/2017/02/how-to-mentor-a-perfectionist?utm_campaign=hbr&utm_source=twitter&utm_medium=social)

## **Podcasts & Videos**

Doctors make mistakes, can we talk about that. Dr Brian Goldman (TED talk – 20 mins) Available at URL:

[https://www.ted.com/talks/brian\\_goldman\\_doctors\\_make\\_mistakes\\_can\\_we\\_talk\\_about\\_that](https://www.ted.com/talks/brian_goldman_doctors_make_mistakes_can_we_talk_about_that)

The Power of believing that you can improve. Carol Dweck (TED talk -10 mins)

Available at URL:

[https://www.ted.com/talks/carol\\_dweck\\_the\\_power\\_of\\_believing\\_that\\_you\\_can\\_improve?utm\\_campaign=tedsprea-d&utm\\_medium=referral&utm\\_source=tedcomshare](https://www.ted.com/talks/carol_dweck_the_power_of_believing_that_you_can_improve?utm_campaign=tedsprea-d&utm_medium=referral&utm_source=tedcomshare)

Learning from Life & Death

- Podcast series of 3 episodes with Matthew Syed discussing dealing with failure and the growth mindset

Available at URL: <http://www.bbc.co.uk/programmes/b08xlp78>

### Recommended Reading

Blackbox Thinking by Matthew Syed. Penguin Random House 2015.

<http://www.matthewsyed.co.uk/books/>

- This book is highly recommended as it explores the idea of learning from error. It compares the approach of industries such as aviation and manufacturing (Dyson vacuum cleaners) to the healthcare industry with respect to how errors are handled.

Mindset: The new Philosophy of Success by Carol Dweck. Random House 2006.

- This book explores the concept of having a growth mindset.

### Resources for Use in Group Activities

Myers-Briggs Personality type Assessment (available for purchase online)

<http://www.myersbriggs.org/my-mbti-personality-type/mbti-basics/>

MindTools Website

<https://www.mindtools.com>

- a great resource hub for all things wellness.
- Toolkit section → Stress Management → Perception based Strategies
- Managing Post-Traumatic Growth  
<https://www.mindtools.com/pages/article/post-traumatic-growth.htm>
- Perfectionism  
<https://www.mindtools.com/pages/article/perfectionism.htm>
- Overcoming Fear of Failure  
<https://www.mindtools.com/pages/article/fear-of-failure.htm>
- Cognitive restructuring worksheet could be useful to discuss mindset.  
[https://www.mindtools.com/pages/article/newTCS\\_81.htm](https://www.mindtools.com/pages/article/newTCS_81.htm)