WR P EM
Wellness Resilience and Performance

Module 14 – Leadership – Core activity 3

What barriers might you anticipate in your leadership evolution journey?
For trainee, think about the next 2 years.
For FACEM, think about the next 2 to 5 years.

Barriers to Leadership Development		
General	Tick which ones may apply to you	Strategies (select the top 3 barriers upon which to reflect)*

*Consider:

- Do I need to address this barrier now or later? (Consider the timing of your approach)
- From whom might I seek mentorship
- What resources/course might exist and be accessible to me