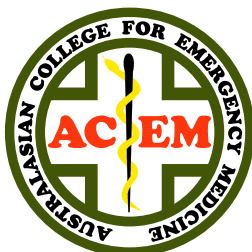


Wellness Week (WW) 6th -12th April 2020

The theme for Wellness Week 2020, is the relationship between staff wellbeing and their ability to deliver optimal patient care.

Ways to celebrate WW:

- Check out WRaPEM.org content
- Consider joining in a Wellness Morning Tea in your ED
- Conduct wellness activities in your department
 - o Start a Staff Resuscitation Trolley
 - o A wellness-themed education session
 - o Maybe even a yoga session or massage break!



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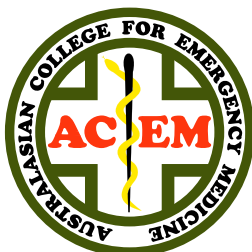
Wellness Week (WW) 6th -12th April 2020

The theme for Wellness Week 2020, is the relationship between staff wellbeing and their ability to deliver optimal patient care.

This is in keeping with a joint statement recently released by ACEM, ACEP, RCEM and CAEP entitled 'The Health of Emergency Physicians and its Impact on Patient Care: A Call to Action'.

We are calling for solutions to address healthcare professionals' wellbeing at multiple levels ranging from departmental to national and international systemic strategies.

For more information please see wrapem.org



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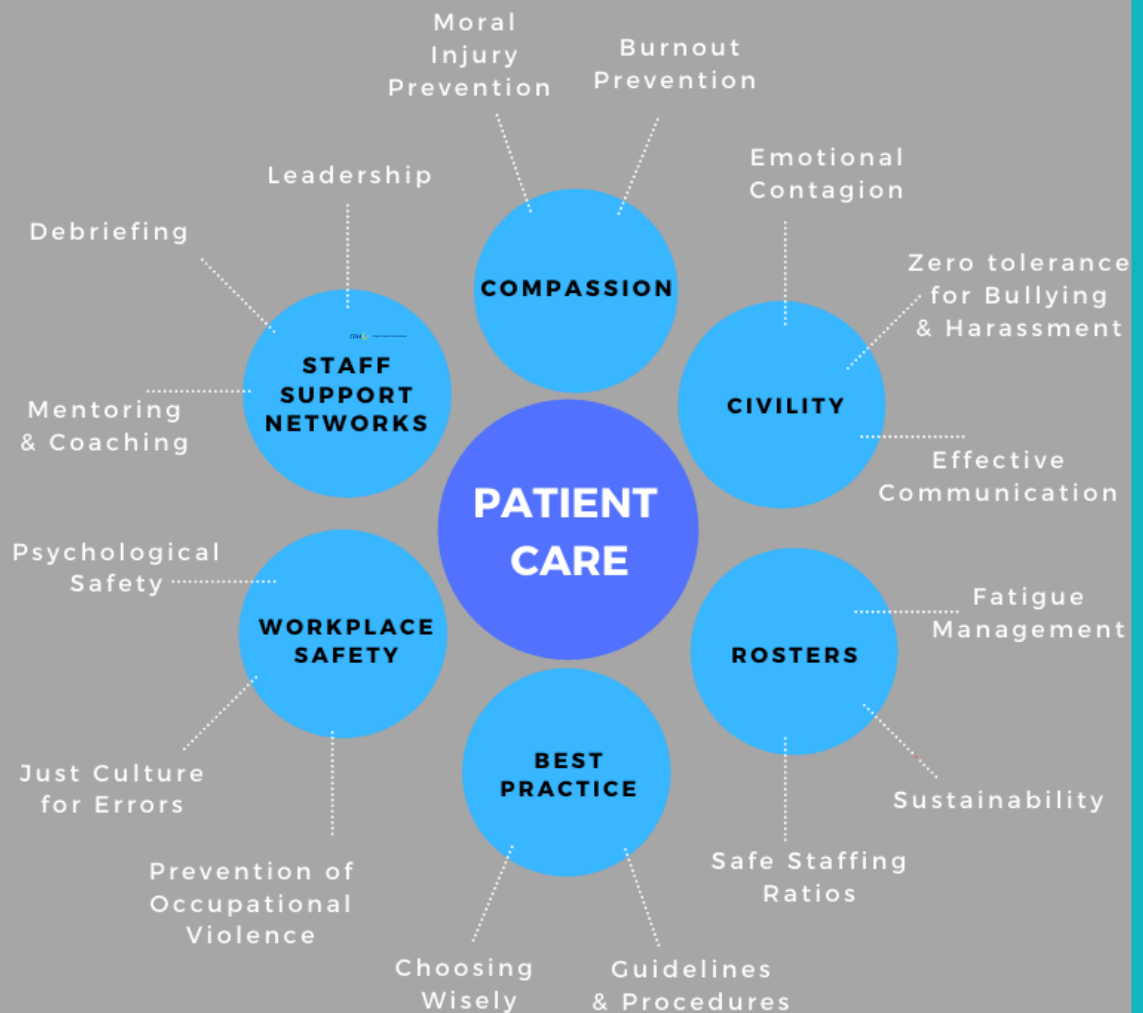
Wellness Resilience and Performance

Presents Wellness Week 2020 April 6th - 12th 2020

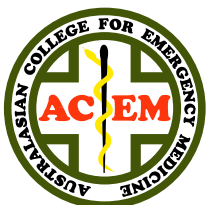


WELLNESS WEEK 2020

- In EM Wellness Week 2020, the focus is on the relationship between staff wellbeing and patient care delivery, including patient safety outcomes.
- Evidence suggests that the level of healthcare provider engagement at work, including how valued and supported they feel, has an effect on the quality of care they provide to their patients.
- To achieve high-quality healthcare for patients, organisations must invest in the provision of safe, emotionally supportive, inclusive and civil work environments for their staff. This must be seen as a vital step in improving patient safety and quality of care.
- See the joint statement by international emergency medicine colleges: ACEM, ACEP, CAEP & RCEM here. <https://ace.mn/6966f>



For more information go to www.wrapem.org



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